



list of recipes

special edition recipe collection



50
packets



MEAT

- 1 Lamb Shanks with Chickpeas and Dried Fruit.
- 2 Crusty Roasted Leg of Lamb.
- 3 Traditional Timpana.
- 4 Couscous Stuffing.
- 5 Pork Stew.
- 6 Pasta with Beef Sauce.
- 7 Pizza Pin Wheels.



POULTRY

- 1 Home Made Chicken Fingers.
- 2 Stuffed Baked Cannelloni.
- 3 Chicken and Chickpea Soup.
- 4 Pizza Rustica.
- 5 Chicken and Gammon Pie.
- 6 Pasta with Chicken Liver.



FISH

- 1 Granny Lucy's Pie.
- 2 Millerighe with Squid and Fennel.



VEGETARIAN

- 1 Hummus.
- 2 Red Lentils Dip.
- 3 Pizza Ai Pesto.
- 4 Healthy Pizza with Hummus.
- 5 Spinach Pie.
- 6 Three Bean Patties.
- 7 Potato Mash Cakes.
- 8 Couscous Stuffed Bell Peppers.
- 9 Lentil and Red pepper Flan.
- 10 Pasta with Brown Lentils.
- 11 Vegetable Crostata.
- 12 Lasagna with Roasted Veg.
- 13 Veggy Pizza.
- 14 Feta Cheese and Tomato Pizza.



SOUPS, SALADS & SIDES

- 1 Couscous Salad with Black Beans.
- 2 Pasta with Red Kidney Beans.
- 3 Pasta Salad with Chickpeas.
- 4 Couscous with Red Kidney Beans and Goat's Cheeslets.
- 5 Tuna and Lentil Salad.
- 6 Summer Couscous.
- 7 Minestrone.
- 8 Lentils Soup with Fish.
- 9 Tortellini Soup.
- 10 Barley Salad.
- 11 Lentils Loaf.
- 12 Potato Croquettes.
- 13 Barley, Bean Mix Soup.
- 14 Couscous Cakes.
- 15 Couscous with Peas and Tuna.
- 16 Stuffed Tomatoes with Lentils.
- 17 Legumes Soup.



SWEETS

- 1 Figolla.
- 2 Fruit Cake.
- 3 Sorbet.
- 4 Semi Freddo.
- 5 St. Martin's Fruit and Nut Pie.
- 6 Mince Pies.
- 7 Christmas Pudding.
- 8 Christmas Cake.
- 9 Christmas Log.
- 10 Carrot Cake.
- 11 Dates and Apricot Tart.
- 12 Wholemeal Pan Cakes.
- 13 Dried Apricots Tart.
- 14 Popcorn with Cinnamon & Chocolate.
- 15 Luxury Mincemeat.
- 16 Rich Healthy Christmas Fruit Cake.
- 17 Christmas Log Cake.
- 18 Almond Bites.
- 19 Dates and Honey Balls.
- 20 Pear Fruit Compote.
- 21 Heart Hazelnuts, Apricots & Oats Cookies.
- 22 No Cook Nut Bar.
- 23 Raisin, Coconut Bake.
- 24 Oat Crumble Torte.
- 25 White Chocolate Sponge Cake.
- 26 Oat, Raisins & Apple Cookies.
- 27 Apple Strudel.
- 28 Marzipan.
- 29 Icing Sugar Paste.
- 30 Dates & Banana Smoothie.

Batch 1

- 20 - Pear Fruit Compote.
- 21 - Heart Hazelnuts, Apricots & Oats Cookies.
- 11 - Vegetable Crostata.
- 12 - Lasagna with Roasted Veg.

Batch 4

- 13 - Veggy Pizza.
- 25 - White Chocolate Sponge Cake.
- 14 - Couscous Cakes.
- 6 - Pasta with Chicken Liver.

Batch 2

- 22 - No Cook Nut Bar.
- 23 - Raisin, Coconut Bake.
- 4 - Pizza Rustica.
- 2 - Millerighe with Squid and Fennel.

Batch 5

- 14 - Tomato & Feta Cheese Pizza.
- 26 - Oat, Raisins & Apple Cookies.
- 15 - Couscous Salad with Peas & Tuna.
- 16 - Stuffed Tomatoes & Lettuce Leaves with Lentils.

Batch 3

- 13 - Barley, Bean Mix Soup.
- 24 - Oat Crumble Torte.
- 7 - Pizza Pin Wheels.
- 5 - Chicken and Gammon Pie.

Batch 6

- 27 - Apple Strudel.
- 28, 29 - Marzipan / Icing Sugar Paste.
- 30 - Dates & Banana Smoothie.
- 17 - Legumes Soup.

recipes included in the tin

- 1 - Couscous Salad with Black Beans.
- 1 - Figolla.
- 1 - Granny Lucy's Pie.
- 1 - Home Made Chicken Fingers.
- 1 - Hummus.
- 1 - Lamb Shanks with Chickpeas and Dried Fruit.
- 2 - Crusty Roasted Leg of Lamb.
- 2 - Fruit Cake.
- 2 - Pasta with Red Kidney Beans.
- 2 - Red Lentils Dip.
- 2 - Stuffed Baked Cannelloni.
- 3 - Chicken and Chickpea Soup.
- 3 - Pasta Salad with Chickpeas.
- 3 - Pizza Ai Pesto.
- 3 - Sorbet.
- 3 - Traditional Timpana.
- 4 - Couscous Stuffing.

- 4 - Couscous with Red Kidney Beans and Goat's Cheeslets.
- 4 - Healthy Pizza with Hummus.
- 4 - Semi Freddo.
- 5 - Pork Stew.
- 5 - Spinach Pie.
- 5 - St. Martin's Fruit and Nut Pie.
- 5 - Tuna and Lentil Salad.
- 6 - Mince Pies.
- 6 - Pasta with Beef Sauce.
- 6 - Summer Couscous.
- 6 - Three Bean Patties.
- 7 - Christmas Pudding.
- 7 - Minestrone.
- 7 - Potato Mash Cakes.
- 8 - Christmas Cake.
- 8 - Couscous Stuffed Bell Peppers.
- 8 - Lentils Soup with Fish.

- 9 - Christmas Log.
- 9 - Lentil and Red pepper Flan.
- 9 - Tortellini Soup.
- 10 - Barley Salad.
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- 10 - Pasta with Brown Lentils.
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